

SEPTEMBER 2022

# HAPPY AUTUMN YOGA RETREAT

BY COCO RAINBOW

Former French Model, Constance let go of a Law career to become a yoga instructor in 2011, while living in Uruguay. She is now based in Portugal where she teaches Hatha and Vinyasa Flow.

Discover Quinta da Comporta during September with Constance, with a breathtakingly beautiful infinity pool, luxurious accommodations, spacious exteriors with lush vegetation and the exclusive ORYZA SPA offering a number of unique rice-basic treatments and holistic rituals.



## INCLUDED

- Double or Single Accommodation at Quinta da Comporta Hotel
- Healthy & Organic Meals
- Yoga Classes
- 20% discount on Oriza Lab Spa Treatments
- Gorgeous Outdoor & Indoor heated swimming pool
- Beautiful Nature and Mindful Walks alongside the sea and in the Rice Fields

## NOT INCLUDED

- Flight and Transfer to Lisbon
- Transfers from and to the airport
- Optional Rental Car to move from the Hotel
- Additional Snacks and Other Alcoholic Drinks

## DATES & PRICING


SEPTEMBER

25th to 28th 2022

- Single: 1 730 €

- Double (per person): 2 285€



 @cocorainbowyoga

## TERMS AND CONDITIONS RETREATS

Check In Time after 3pm and Check out Time before 12 pm

### PAYMENT POLICY

TO CONFIRM YOUR RESERVATION, WE REQUEST A DEPOSIT OF 50% OF THE TOTAL AMOUNT OF YOUR RESERVATION  
THE REMAINING AMOUNT SHALL BE PAID 30 DAYS PRIOR TO ARRIVAL.

### CANCELLATION POLICY

50% DEPOSIT NON-REFUNDABLE. FREE CANCELLATION UP TO 30 DAYS PRIOR TO ARRIVAL. AFTER THIS PERIOD NO MODIFICATIONS NOR CANCELATIONS WILL BE ALLOWED. IN CASE OF NO-SHOW, 100% OF THE RESERVATION WILL BE CHARGED.

[www.quintadacomporta.com](http://www.quintadacomporta.com)