



QUINTA DA
COMPORTA

WELLNESS BOUTIQUE RESORT

2022 YOGA RETREATS

SPRING RENEWAL RETREAT

*SPECIAL YOGA RETREAT
BY COCO RAINBOW*

Former French Model, Constance let go of a Law career to become a yoga instructor in 2011, while living in Uruguay. She is now based in Portugal where she teaches Hatha and Vinyasa Flow.

Discover Quinta da Comporta during March with Constance, with a breathtakingly beautiful infinity pool, luxurious accommodations, spacious exteriors with lush vegetation and the exclusive ORYZA SPA offering a number of unique rice-based treatments and holistic rituals.



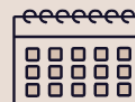
INCLUDED

- Double or Single Accommodation at Quinta da Comporta Hotel
- Light Breakfast (nuts, seeds, and Detox Green juice)
- Delicious Lunches
- Healthy & Organic Dinner
- Yoga Classes
- 20% discount on Oriza Lab Spa Treatments
- Gorgeous Outdoor & Indoor heated swimming pool
- Beautiful Nature and Mindful Walks alongside the sea and in the Rice Fields

NOT INCLUDED

- Flight and Transfer to Lisbon
- Transfers from and to the airport
- Optional Rental Car to move from the Hotel
- Additional Snacks and Other Alcoholic Drinks

DATES & PRICING



20th - 23rd

MARCH 2022

- Single: 1 325 €

- Double (per person): 1 078€

 @cocorainbowyoga

TERMS AND CONDITIONS RETREATS

Check In Time after 3pm and Check out Time before 12 pm

PAYMENT POLICY

Total payment at time of booking | Non-refundable

CANCELATION POLICY OR NO SHOW

Retreat, 100% of the deposit is non refundable

www.quintadacomporta.com