

JUNE 2023

"TAKE A BREATH" YOGA RETREAT

BY COCO RAINBOW

Former French Model, Constance let go of a Law career to become a yoga instructor in 2011, while living in Uruguay. She is now based in Portugal where she teaches Hatha and Vinyasa Flow.

Discover Quinta da Comporta during June with Constance, with a breathtakingly beautiful infinity pool, luxurious accommodations, spacious exteriors with lush vegetation and the exclusive ORYZA SPA offering a number of unique rice-basic treatments and holistic rituals.



INCLUDED

- 3-nights in double or single accommodation at Quinta da Comporta Hotel
- Light Breakfast (nuts, seeds, and Detox Green juice)
- Yoga & Holistic Movement Classes (min 5)
- Healthy & Organic Meals
- 10% discount on Oryza Lab Spa Treatments
- Gorgeous Outdoor & Indoor heated swimming pool
- Beautiful Nature and Mindful Walks alongside the sea and in the Rice Fields

NOT INCLUDED

- Flight and Transfer to Lisbon
- Transfers from and to the airport
- Optional Rental Car to move from the Hotel
- Additional Snacks and Other Alcoholic Drinks


DATES & PRICING

JUNE

4th -7th 2023

- Single: 2 180€

- Double (per person): 1 505€

 @cocorainbowyoga

TERMS AND CONDITIONS RETREATS

Check In Time after 3pm and Check out Time before 12pm

PAYMENT POLICY

To confirm your reservation, we request a deposit of 50% of the total amount of your reservation
The remaining amount shall be paid 30 days prior to arrival.

CANCELLATION POLICY

50% deposit non-refundable. Free cancellation up to 30 days prior to arrival. After this period no modifications nor cancellations will be allowed. In case of no-show, 100% of the reservation will be charged.

www.quintadacomporta.com