

05th - 08th
MAY 2022

TAKE THE TIME RETREAT

with
Victoire Harth

Through Take The Time, Victoire has married her passion for event planning and working with wellness and people. Her goal is to give guests the opportunity to indulge in self-care, learn about exercise and eat nutritiously while enjoying a brief pause from daily life.

After a long winter, come get some sun and sweat off all those heavy winter meals with daily workout classes, relaxing yoga sessions & many more activities. There will also be plenty of time for relaxation and meditation, surrounded by rice fields. We have booked one of the top hotels & spa in Comporta. Quinta da Comporta is known for its relaxed atmosphere and exquisite location, you will be surrounded by lush green rice fields and steps away from beautiful beaches.

INCLUDED

- 4 days/ 3 nights at Quinta da Comporta Hotel
- Organic & healthy meals
- 3 cardio and fitness workouts* with fitness expert Cyril Darcourt
- 1 Aqua gym class*
- 3 Vinyasa flow classes*
- 1 Surf initiation
- Exercise on the beach
- 15% off all spa treatments at Oryza Spa
- 10% off if you wish to arrive before
- Plenty of relaxing/me time by the pool
& lots of surprises

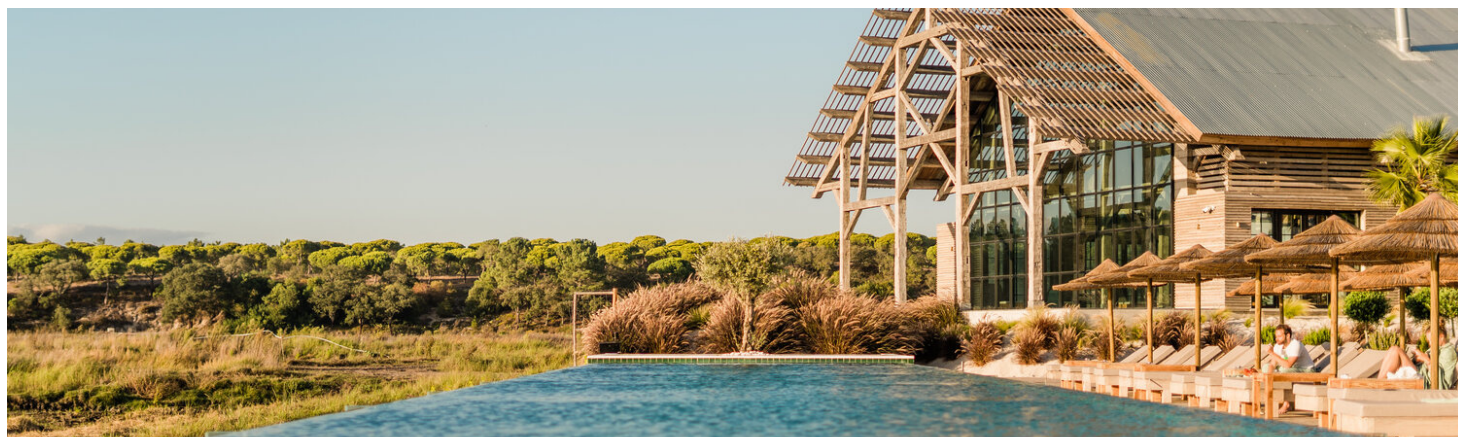
NOT INCLUDED

- Flights
- Transportation to and from hotel
- Additional snacks and alcoholic beverages
- Spa Treatments

PRICING

DELUXE ROOM SINGLE : 1 765€

DELUXE ROOM DOUBLE : 1 375€ (per person)



TERMS AND CONDITIONS RETREATS
CHECK IN TIME AFTER 3PM AND CHECK OUT TIME BEFORE 12PM

PAYMENT POLICY:
1ST DEPOSIT: 50% TO GUARANTEE THE CONFIRMATION OF THE BOOKINGS
2ND DEPOSIT: THE REMAINING 50% WILL BE CHARGED 30 DAYS PRIOR THE BOOKING

CANCELATION POLICY OR NO-SHOW
LESS THAN 30 DAYS PRIOR THE BOOKING | RETREAT, 100% OF THE DEPOSIT IS NON-REFUNDABLE

RESERVATIONS
PLEASE CONTACT EVENTS@QUINTADACOMPORTA.COM AND MENTION THE BOOKING CODE TIME FOR ME RETREAT